



TRAUMA COUNSELING

Are you a Broward County resident - *youth or adult* - affected by the recent tragic school shooting? If you are experiencing feelings of depression, anxiety, *PTSD*, anger, grief, or are having difficulty communicating, focusing or feeling stressed, please know that free help is available.

Youth

Kids In Distress

Rachel Hord
954-390-7654 ext 1039

Memorial Healthcare System

Joshua Plantz
954-276-0920



Adult

Memorial Healthcare System

Tracy Klein
954-276-3402

Youth -or- Adult

Henderson Behavioral Health

Lani Fandino
954-677-3113 opt 3

Smith Community Mental Health

Michael Houghtaling
954-321-2296 ext 219

Banyan

Shirley Gramajo
954-587-1417

Chrysalis

Kenjenique Johnson
954-587-1008 ext

Counseling provides the opportunity for individuals to begin the healing process with trauma trained professionals. The counseling relationship is objective, non-judgmental, and understanding. Most importantly, services are strictly confidential, available at no cost and provided by an organization of your choice. Daytime, evening and weekend appointments are available.

For immediate crisis services, please contact Henderson Behavioral Health:

Adult Mobile Crisis Response Team 954.463.0911

Youth Emergency Services 954.677.3113 opt 3

